With approximately 1.7 million people sustaining traumatic brain injuries annually in the U.S., The Rehabilitation Institute of St. Louis, A Partnership of BJC HealthCare and HealthSouth, understands the significant role rehabilitation plays in brain injury recovery. Our comprehensive brain injury rehabilitation programs encourage maximum recovery following traumatic brain injury, offering a higher level of care and restored hope.

Brain injury may result from an injury or an illness. To help restore the brain’s functioning following one of these events, we engage individualized treatment programs, state-of-the-art technology and dedicated rehabilitation teams to work with patients one-on-one for a welcomed return home.

Daily physician visits, ‘round-the-clock certified nursing care and experienced therapists guide patients in reaching their goals for a faster return home.

Many brain injury conditions can improve within a few days – to a few weeks, including:
- Aneurysm
- Brain tumor
- Combat
- Fall
- Motor vehicle accident
- Seizure
- Stroke
- Traumatic brain injury
- Other neurological deficits

**Therapeutic Objectives**

- Provide a quality rehabilitation program based on individual and family needs
- Restore the patient’s abilities to his/her maximum level of function
- Educate the patient and family on brain injury and the rehabilitation process
- Provide ongoing psychosocial support in a therapeutic environment
- Provide follow-up and referral to other resources to support the patient’s continued recovery

**Treatment Options and Phases**

The rehabilitation program may include any or all of the following phases:

**Acute rehabilitation**

Inpatient rehabilitation may include physical, cognitive and psychosocial therapy and care provided by a physician-led multidisciplinary team. Treatment aims toward regaining function, behavioral management and community re-entry.

**Day treatment**

Comprehensive outpatient treatment for patients who do not (or no longer) need 24-hour nursing care and are ready to begin community re-entry.

**Outpatient therapy**

Individualized, highly specific treatment continues the patient’s progress toward maximum independence.
Multidisciplinary Team Approach

To meet the wide-ranging needs of brain injury patients, our team of rehabilitation professionals pinpoints specific needs and sets goals to maximize each patient's recovery. Based on the patient's need, this team may include the following members:

- Case manager
- Neurologist
- Neuropsychologist or psychologist
- Nutritionist
- Occupational therapist
- Physical therapist
- Physician
- Recreational therapist
- Respiratory therapist
- Speech/language pathologist

Special Features

- Dedicated brain injury unit
- Family education and training
- Follow-up evaluation
- Referral to other programs or facilities that might assist with continued recovery
- State-of-the-art equipment

Admission

Patients are accepted to the brain injury rehabilitation program by physician referral, and services are provided without regard to the patient's age, sex, color, race, national origin, creed or disability. All patients must be medically stable. Our rehabilitative services are covered under most major health insurance plans.

Questions?

For more information about the brain injury rehabilitation program or to make a referral, please call 314 658-3860.

A Higher Level of Care

The Rehabilitation Institute of St. Louis
A Partnership of BJC HealthCare and HealthSouth

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