

**The Rehab Institute of St. Louis**  
 The benefits of an Acute Inpatient Rehabilitation  
 Hospital vs. a Skilled Nursing Facility



The Rehabilitation Institute of St. Louis welcomes anyone whose quality of life has been compromised by illness or injury. There are distinct advantages and differences in levels of care, services and requirements provided by an Acute Rehabilitation Hospital such as The Rehabilitation Institute of St. Louis. Compare all available placement options and you will see the definite benefits associated with an Acute Inpatient Rehabilitation Hospital.

Requirements		Acute Rehab	SNF
Physician visits	Training	Physiatrist (MD specializing in rehabilitation) – located in-house.	Any physician
	Visits	Daily physician rounds.	Every 30 days minimum
	Coverage	Rounds daily, with 24-hour availability.	Emergency coverage
Nursing	Training availability	Specialized for rehab. 24-hour RN coverage. Average of one nurse and one nurse tech. per eight patients.	Not mandated Not mandated Minimum of one nurse per 40 residents and one C.N.A. per 20 residents
	Therapy intensity	Minimum: five days/week. Dependent on patient tolerance. Potential for three+ hours/day of therapy tailored individually.	Not mandated
Pre-admission screening		Licensed nurse evaluator. Reviewed by physiatrist.	Not mandated
Interdisciplinary team approach		MD, nurse, PT, OT, speech pathology, respiratory therapy, psychology, dietitian, case manager.	Not mandated

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Created in 2001 through an innovative partnership between BJC HealthCare and HealthSouth and an affiliation with the world renowned Washington University School of Medicine, The Rehabilitation Institute of St. Louis is state-of-the-art, 80-bed rehabilitation hospital. As the only freestanding acute rehabilitation hospital in the St. Louis area, we are a leader in rehabilitative care, research, education and community service. We offer a full range of inpatient, outpatient and community rehabilitation services focused on limiting disability and restoring function for our patients. Our physicians and researchers are internationally recognized for their groundbreaking rehabilitation research and education programs.

Requirements	Acute Rehab	SNF
Plan of care	Coordinated by team, rehab needs identified by interdisciplinary team. Patient/family involved in rehab goals. Daily review in team meetings; individual goals are realistic and functional.	Not mandated  Every 30 days
Patient progress	Significant practical improvement toward maximum independence.	Not mandated
Pharmacy	On-site pharmacist consults with physicians, nurses and other healthcare providers on medication use and dosing.	Off-site services

*Make the Right Choice.*

**The Rehabilitation Institute**  
 OF ST. LOUIS  
A Partnership of BJC HealthCare and HEALTHSOUTH

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